

## Bag Lunches for St. Vincent de Paul Diners

We are accepting bag lunches at **10:00 am** and **3:00 pm** at 822 B Street. Arrive southbound on B St, pull up to curb at dining room and a worker will usually be there to take to kitchen. If no one outside knock on glass or dining room door.

Deliveries in batches of 50 is preferable.

Please wash your hands before starting and then put on disposable gloves. If you need gloves, let us know.

Please make as you would for a traditional school lunch. Pack in a brown paper bag.

Include the following items:

- Sandwich packed in a clear plastic bag.
  - o Use bread (not the heels).
  - o Peanut butter and jelly is always acceptable.
  - o Sandwiches with meat and cheese are always appreciated, as long as they are properly refrigerated until you bring them in. However, please do not use lettuce, tomato or condiments or the sandwiches become soggy (we can't always hand them out the same day). You can include packets of mayonnaise or mustard if available.
- Chips, pretzels, or some sort of crunchy snack.
- Piece of fruit, apple, orange, banana, etc.
- Snack / dessert: granola bar, cookies, apple sauce cup (and spoon), etc.
- Small juice box or bottled water (most lunches don't include liquids, so these last two items are entirely optional.)
- Napkin or wet wipe.
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Thank you!!

Contact Karen Petterson, [kepetterson@gmail.com](mailto:kepetterson@gmail.com) or Meredith Parnell, [volunteer@vinnies.org](mailto:volunteer@vinnies.org) with your questions.